

FRASER ISLAND MENU

****VEGETARIAN | VEGAN OPTIONS
+ GLUTEN & DAIRY FREE OPTIONS AVAILABLE**

DAY 1

LUNCH

Wraps with Ham, Beef or Tuna with
Lettuce, Tomatoes, Cucumber, Red Onion, Cheese
Condiments of Sweet Chilli, Mustard or Mayo

****Mexican Bean's**

SNACK

Biscuits and Fruit

DINNER

BBQ 120g Angus Beef Pattie and Sausages with
Seasonal Vegetables, Garlic smashed Potatoes & Onion Gravy

****Moroccan Vegetarian Pattie & vego sausages.**

DAY 2

BREAKFAST

Beans, Chipolatas, Bacon & Hash browns w toast.

****Vegetarian Patties w fried tomatoes**

LUNCH

Open Chicken Schnitzel Burger w
Lettuce, Tomatoes, Sliced Cheese, Coleslaw & Beetroot

****Vegetable Pattie**

SNACK

Biscuits and Fruit

DINNER

Chicken & Vegetable Stirfy w Hokkien Noodles & Garlic Bread

**** Zucchini, Mushroom & red onion**

DAY 3

BREAKFAST

Pancakes w Maple Syrup & Fruit, Toast and Spreads

LUNCH

Wraps w Beef, Ham or Tuna
Lettuce, Tomatoes, Cucumber, Cheese
Condiments of Sweet Chilli sauce, Mustard & Mayo

**** 4 Bean Mix Spread**

DRINKS

Tea/Coffee @ campsite
Pristine Fraser Island Drinking Water
Bring your own alcohol